

Course Fees

Payment schedule

Payment for 30+ days of tuition on this 24-month course is £3,500 due as follows:

1. A non-returnable deposit of £500 is due following an interview and upon acceptance of placement
2. Fees of £136.36 are due for 22 months as of the 1 April 2014 by standing order
3. Payment in full of £3,500 by 15 March 2014 will be awarded a 5% rebate amounting to a course fee of £3,325.

Further costs:

1. **Mentoring** fees are paid directly to your mentor at £50 per hour's session. Recommended minimum of 10 sessions.
2. Mindfulness (MBSR or MY) and Ayurveda Module training are **extra-curricular**. Both are integral to the IYT Course.
 - a. The **Ayurveda Foundation Programme** (for which CPD may be claimed) is now available as an online course titled *Living Well: Ayurveda and Yoga in the modern world*, charged at £450.
 - b. **Mindfulness** is taken as an 8-week course costing anywhere between £150 and £250. Further to this basic training, IYT trained therapists are encouraged to go on to take Level I Mindfulness Yoga Teacher Training offered by the Clear Mind Institute.
3. **Accommodation fees** for the two residential retreats include full board and are payable directly to the Centre prior to the retreats with estimated costs of £450 per retreat.

Course fees include:

- 34 contact days (weekends and retreats)
- 70+ hours worth of audio delivery of materials
- Course materials provided electronically

Course fees do not include:

- Set books
- Sessions with mentor
- Case Study Supervision
- Residential fees at retreat
- Private tuition fees (optional sessions for additional input)
- Extra-curriculum training